# Winsford ASC



# Reverse 800m / 1500m Distance Meet

To be held at Winsford Lifestyle Centre on:





# **Programme of Events**

Session 1 - Warm-up 5pm; Start 5:30pm

Event 1: Boys 10 yrs + 800m Freestyle

Event 2: Girls 10 yrs + 1500m Freestyle

# **Qualifying Conditions**

This is a Distance Meet designed for swimmers aged 10 yrs +
There are no lower time limits. Upper limits are as follows:

#### Boys 800m Freestyle

Age	10	11	12	13	14	15	16	17+
Upper Limit	9:50.00	9:40.00	9:30.00	9:20.00	9:10.00	8:50.00	8:30.00	8:30.00

#### Girls 1500m Freestyle

Age	10	11	12	13	14	15	16	17+
Upper Limit	19:30.00	19:10.00	18:50.00	18:30.00	18:10.00	18:00.00	18:00.00	18:00.00

## **Promoters' Conditions**



- The competition shall consist of the following age groups for each sex: 10, 11, 12, 13, 14, 15, 16, 17+
  years.
- There are no lower limits; Upper qualifying times apply.
- Over the top starts will be in operation during this competition.
- The electronic entry fee is £10.00 per event.
- Age on the day will be as of 9<sup>th</sup> March, 2019
- The closing date for entries will be 16<sup>th</sup> February, 2019
- Priority will be given to those swimmers chasing Regional Times and subsequent entries will be accepted on a 1st come, 1st served basis and may close early if the meet is over-subscribed.
- Coaches Estimates must be provided for swimmers with no time to assist with seeding and ensure suitability for the events.
- · Poolside entries will not be accepted.
- A withdrawal system will be in operation. This means that a swimmer will be assumed to be competing in the events in which they have entered unless they have informed the Competition Manager of their withdrawal from any/all events. The closing deadline for withdrawals will be 12pm on the afternoon of the event.
- There will be no refund of entry fees.
- Any withdrawals after the closing deadline may result in heats being swum with empty lanes.
- As soon as possible after the closing date each club will be sent draft programmes that should be
  used to cross check the accuracy of the entries and to allow any necessary corrections to be made.
- Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up.
- Swimmers must present themselves to marshalling 2 races prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.
- Electronic entries only see separate sheet for instructions.
- Whilst we will make every effort to adhere to the published programme of events, we reserve the right to make any changes found to be necessary to operate the meet.



## **Winsford ASC Summer Development Meet**

Level 3 licensed open meet – licence number

## Saturday 9<sup>th</sup> March 2019

#### **Summary of Entries**

Club						
Contact Nam	ne					
Tel. No.						
E-mail address						
	No of Entries Entries @ £10.00	Amount				
Male						
Female						
Total						
Electronic entries using Swimming Events to be submitted by the closing date. Electronic Entry can be found here: <a href="https://swimming.events/meets/13">https://swimming.events/meets/13</a>						
Coach passes are included in a ratio of 1:10; additional passes can be purchased for £5 by emailing <a href="mailto:wingalateam@gmail.com">wingalateam@gmail.com</a>						
Queries and advance withdrawals via email to: wingalateam@gmail.com						

### Where to find us



#### **Winsford Lifestyle Centre**

**Home of Winsford ASC** 

The Drumber
Winsford
Cheshire
CW7 1AD

Tel: 01606 550700



Winsford Amateur Swimming Club would like to thank
you for attending our Distance Meet Gala and hope to see
you all again soon!