

Winsford ASC



To be held at Winsford Lifestyle Centre on:

Saturday 4th July 2020

Level 3 Licensed Meet 6 Lane deck level pool with anti-turbulence ropes Electronic timing system Café Available FREE Parking

> 50m & 100m all strokes plus 200 Freestyle, 100m & 200m Individual Medley Upper Qualifying times apply

Spot prizes available in every event.

Closing date for entries 10th June 2020

ASA Licence Number

Programme of Events



Session 1 – Warm-up 11:40am, start 12:30pm

Event 1:	Girls 9 - 14yrs	200m Freestyle
Event 2:	Boys 9 – 14yrs	200m IM
Event 3:	Girls 9 - 14yrs	50m Breaststroke
Event 4:	Boys 9 – 14yrs	50m Breaststroke
Event 5:	Girls 9 – 14yrs	100m Backstroke
Event 6:	Boys 9 – 14yrs	100m Backstroke
Event 7:	Girls 9 – 14yrs	50m Butterfly
Event 8:	Boys 9 – 14yrs	50m Butterfly
Event 9:	Girls 9 – 14yrs	100m Freestyle
Event 10:	Boys 9 – 14yrs	100m Freestyle
Event 11:	Girls 9 – 14yrs	100m IM

Session 2 – Warm-up 4:30pm, start 5:15pm (TBC)

Event 12:	Boys 9 – 14yrs	200m Freestyle
Event 13:	Girls 9 – 14yrs	200 IM
Event 14:	Boys 9 – 14yrs	50m Backstroke
Event 15:	Girls 9 – 14yrs	50m Backstroke
Event 16:	Boys 9 – 14yrs	100m Butterfly
Event 17:	Girls 9 – 14yrs	100m Butterfly
Event 18:	Boys 9 – 14yrs	50m Freestyle
Event 19:	Girls 9 – 14yrs	50m Freestyle
Event 20:	Boys 9 – 14yrs	100m Breaststroke
Event 21:	Girls 9 – 14yrs	100m Breaststroke
Event 22:	Boys 9 – 14yrs	100 IM



Qualifying Conditions

This is a Development Meet designed for swimmers aged 9+.

There are no lower time limits.

Entrants with no times will be shown with a coach's estimated time on the programme.

Boys						
Stroke	9/10	11 / 12	13	14	15+	
50m Free	No upper times	29.5	28.0	27.5	26.0	
100m Free	No upper times	1:03.0	1:00.5	59.0	58.0	
200 Free	No upper times	2:16.0	2:08.0	2:01.0	2:00.0	
50m Breast	No upper times	37.0	35.0	33.0	32.5	
100m Breast	No upper times	1:22.0	1:16.0	1:12.0	1:10.5	
50m Fly	No upper times	32.0	30.0	29.0	28.5	
100m Fly	No upper times	1:10.5	1:06.0	1:02.0	1:00.0	
50m Back	No upper times	33.0	31.5	30.0	29.5	
100m Back	No upper times	1:11.0	1:07.0	1:03.5	1:01.0	
100m IM	No upper times	1:14.0	1:12.5	1:10.0	1:08.0	
200m IM	No upper times	2:35.5	2:28.5	2:20.5	2:19.5	

Upper Time Limits as follows:

Girls					
Stroke	9/10	11 / 12	13	14	15+
50m Free	No upper times	30.0	29.0	28.0	27.5
100m Free	No upper times	1:04.0	1:03.0	1:02.5	1:01.5
200 Free	No upper times	2:20.0	2:15.5	2:13.5	2:12.0
50m Breast	No upper times	38.0	37.0	36.0	35.5
100m Breast	No upper times	1:21.0	1:19.5	1:18.0	1:16.5
50m Fly	No upper times	32.0	30.5	29.5	29.0
100m Fly	No upper times	1:11.5	1:09.0	1:07.5	1:06.0
50m Back	No upper times	34.0	32.0	31.5	31.0
100m Back	No upper times	1:12.0	1:10.0	1:08.0	1:06.5
100m IM	No upper times	1:15.0	1:13.5	1:11.5	1:11.0
200m IM	No upper times	2:37.0	2:34.0	2:30.0	2:28.0

Promoters' Conditions



- The competition shall consist of the following age groups for each sex: 9, 10, 11, 12, 13, 14 & 15+ years.
- There are no lower qualifying times. If the swimmer does not have a time for an event, then please include a rounded coach's estimate to assist with seeding for NT swimmers.
- Upper qualifying times apply to all swimmers aged 11 and above.
- The promoters reserve the right to reject entries if the swimmers are found to have gained times faster than the upper qualifying times.
- Over the top starts will be in operation during this competition.
- The online entry fee is £4.50 to 29th February, £5.50 to 10th June 19. Late entries (if space available) £8.50 up to the 3rd July. No paper entries will be accepted.
- Spectator fee £3.00 per session
- Poolside pass is included at a ratio of 1:10 coaches:swimmers additional passes can be purchased for £5.00.
- Age on the day will be as of 4th July 2020
- The closing date for entries will be 10th June 2020
- Entries will be accepted on a 1st come, 1st served basis and may close early if the meet is oversubscribed.
- Late entries may be accepted if the meet is not oversubscribed.
- A withdrawal system will be in operation. This means that a swimmer will be assumed to be competing in the events in which they have entered unless they have informed the Competition Manager of their withdrawal from any/all events. The closing deadline for withdrawals will be 8.30am on Saturday 4th July.
- There will be no refund of entry fees, except with a medical certificate.
- Any withdrawals after the closing deadline will result in heats being swum with empty lanes.
- As soon as possible after the closing date each individual will be sent confirmation of entries that should be used to cross check the accuracy of the entries and to allow any necessary corrections to be made.
- Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up of each session.
- Swimmers must present themselves to marshalling 5 races prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.
- Awards will be given for the top six places in each event for each age group.
- Whilst we will make every effort to adhere to the published programme of events, we reserve the right to make any changes found to be necessary to operate the meet.
- Our spectator area holds in the region of 140 people seated and standing. Please be courteous to fellow spectators and do not reserve seats if you are leaving the viewing area. Please allow others to watch their children if yours are not swimming. A wrist band system will be in operation, but wrist bands will be transferable between spectators due to the limited amount of seating.

Winsford ASC Summer Development Meet



Level 3 licensed open meet – licence number TBC

Saturday 4th July 2020

Officials

Without officials our meet will not be able to run – if you are attending the meet and are able to help officiate please contact Lucie: <u>luciecg4@gmail.com</u>; a meal will be provided in the break between session along with expenses for visiting officials.

Electronic Entries

Electronic Entries using Swimming Events (available soon) and will be available at <u>www.winsfordasc.co.uk</u>

General Enquiries

Queries, late entry space availability and advance medical withdrawals via email to: wingalateam@gmail.com

Where to find us

Brio Winsford Lifestyle Centre Home of Winsford ASC The Drumber Winsford Cheshire CW7 1AD Tel: 01606 550700



Winsford Amateur Swimming Club would like to thank you for attending our Summer Development Gala and hope to see you all again at Christmas!