

**Winsford ASC**



# **Spring Development Meet 2024**

**To be held at Winsford Lifestyle Centre on:**

**Saturday 18th May 2024**

Level 3 Licensed Meet  
6 Lane deck level pool with anti-turbulence ropes  
Electronic timing system  
Café Available  
FREE Parking

50m & 100m all strokes plus  
100m & 200M Individual Medley  
Upper Qualifying times apply

Spot prizes available in every event.

**Closing date for entries 17th April 2024**

**SE Licence Number**

# Programme of Events



**Session 1 – Warm-up 12.45pm, start 1.30pm**

**Event 101: Male/Open 200m Individual Medley**

**Event 102: Female 50m Breaststroke**

**Event 103: Male/Open 50m Breaststroke**

**Event 104: Female 100m Backstroke**

**Event 105: Male/Open 100m Backstroke**

**Event 106: Female 50m Butterfly**

**Event 107: Male/Open 50m Butterfly**

**Event 108: Female 100m Freestyle**

**Event 109: Male/Open 100m Freestyle**

**Event 110: Female 100m Individual Medley**

**Session 2 – Warm-up 5pm, start 5.45pm (TBC)**

**Event 201: Female 200m Individual Medley**

**Event 202: Male/Open 50m Backstroke**

**Event 203: Female 50m Backstroke**

**Event 204: Male/Open 100m Butterfly**

**Event 205: Female 100m Butterfly**

**Event 206: Male/Open 50m Freestyle**

**Event 207: Female 50m Freestyle**

**Event 208: Male/Open 100m Breaststroke**

**Event 209: Female 100m Breaststroke**

**Event 210: Male/Open 100m Individual Medley**

# Qualifying Conditions

This is a Development Meet designed for swimmers aged 9+.

There are no lower time limits.

Entrants with no times will be shown with a coach's estimated time on the programme.

Upper Time Limits as follows:

Male/Open					
Stroke	9/10	11 / 12	13	14	15+
50m Free	29.0	29.0	28.0	27.0	27.0
100m Free	1:03.0	1:03.0	1:00.5	58.0	57.0
50m Breast	38.5	38.5	37.5	35.5	34.5
100m Breast	1:24.0	1:24.0	1:19.0	1:14.0	1:13.5
50m Fly	33.0	33.0	31.0	30.0	29.0
100m Fly	1:10.5	1:10.5	1:07.0	1:03.5	1:02.5
50m Back	35.0	35.0	33.5	32.5	31.5
100m Back	1:12.5	1:12.5	1:08.0	1:05.5	1:04.0
100m IM	1:16.0	1:16.0	1:14.5	1:10.5	1:08.0
200m IM	2:37.5	2:37.5	2:30.5	2:24.5	2:20.5

Female					
Stroke	9/10	11 / 12	13	14	15+
50m Free	31.0	30.5	30.0	29.8	29.5
100m Free	1:06.0	1:06.0	1:04.5	1:03.5	1:03.0
50m Breast	39.0	39.0	38.0	37.0	36.5
100m Breast	1:23.0	1:23.0	1:22.0	1:21.0	1:20.5
50m Fly	33.0	33.0	32.5	31.5	31.0
100m Fly	1:12.5	1:12.5	1:11.0	1:09.5	1:09.0
50m Back	35.5	35.5	34.5	33.5	33.0
100m Back	1:14.0	1:14.0	1:12.0	1:10.5	1:10.0
100m IM	1:17.0	1:17.0	1:14.5	1:12.0	1:10.5
200m IM	2:40.0	2:40.0	2:39.3	2:36.0	2:35.0

# Promoters' Conditions



- The competition shall consist of the following age groups for each sex: 9, 10, 11, 12, 13, 14 and 15+ years.
- There are no lower qualifying times. If the swimmer does not have a time for the event swimmers may include a rounded coach's estimate to assist with seeding.
- The promoters reserve the right to reject entries if the swimmers are found to have gained times faster than the upper qualifying times.
- Over the top starts may be in operation during this competition. Backstroke ledges may be used.
- The electronic entry fee is £6.00 per event before the 4<sup>th</sup> March 2024 and £7.00 from 4<sup>th</sup> March to 17<sup>th</sup> April 2024. Late entries (if space available – please check before entry) £9.00 up to the 17<sup>th</sup> May 2024. Plus £2 admin fee. No paper entries will be accepted.
- Spectator fee £4 per session. We will be ticketing one spectator per swimmer to prevent overcrowding on the balcony.
- Age on the day will be as of May 18<sup>th</sup> 2024
- The main closing date for entries will be April 17<sup>th</sup> 2024.
- Entries will be accepted on a 1st come, 1st served basis and may close early if the meet is over-subscribed.
- Electronic entries will be made using Swimming Events (and are not by club).
- Late entries may be accepted if the meet is not oversubscribed (see above for details)..
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female
- A withdrawal system will be in operation. This means that a swimmer will be assumed to be competing in the events in which they have entered unless they have informed the Competition Manager of their withdrawal from any/all events. Self withdrawal will be in operation using Swimming Events up to 8:30am on 18<sup>th</sup> May 2024.
- There will be no refund of entry fees for withdrawals – except with a medical certificate.
- Any withdrawals after the closing deadline will result in heats being swum with empty lanes.
- As soon as possible after the closing date individuals will be sent an accepted entries email that should be used to cross check the accuracy of the entries and to allow any necessary corrections to be made.

- Poolside passes: Each club will receive a minimum of 2 poolside passes for coaches and team managers in accordance with the [Swim England Team Manager, Coaches and Chaperone Guidance 2023](#) and an appropriate further number of passes as requested by each club to meet with the guidance – approximately 1 pass per 10 swimmers, or part thereof, overall.
- All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures.
- Please email [wingalateam@gmail.com](mailto:wingalateam@gmail.com) with your number of passes required and include in the email details of DBS and SE numbers for the coaches and team managers attending the gala.
- Heat Start Lists will be made available to clubs as they arrive at the gala.
- Swimmers must present themselves to the Competitors Stewards 5 races prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.
- Awards for the top six places in each event for age group.
- Whilst we will make every effort to adhere to the published programme of events, we reserve the right to make any changes found to be necessary to operate the meet.

# Winsford ASC Summer Development Meet



**Saturday 18th May 2024**

Level 3 licensed open meet – licence number

## **Officials/Volunteers**

Without officials our meet will not be able to run – if you are attending the meet and are able to help officiate please contact Nina at [WASCOfficials@gmail.com](mailto:WASCOfficials@gmail.com) and complete this form: <https://forms.gle/ttNrVYCwc6eAwa9t5>. A £5 meal allowance will be provided along with travel expenses for visiting officials.

## **Electronic Entries**

Electronic Entries using Swimming Events : <https://swimming.events/> and will be available at [www.winsfordasc.co.uk](http://www.winsfordasc.co.uk)

## **General Enquiries**

Queries, late entry space availability and advance medical withdrawals via email to: [wingalateam@gmail.com](mailto:wingalateam@gmail.com)

## **Promoter**

The promoter for this event is Barry Keeling who can be contacted on [barrygk41@icloud.com](mailto:barrygk41@icloud.com) if there are any queries regarding the promoter's conditions.

## **Where to find us**

Brio Winsford Lifestyle Centre  
Home of Winsford ASC  
The Drummer  
Winsford  
Cheshire  
CW7 1AD  
Tel: 01606 550700



**Winsford Amateur Swimming Club would like to thank you for attending our Spring Development Gala and hope to see you all again at Christmas!**