

Winsford ASC



Spring Development Meet 2025

To be held at Winsford Lifestyle Centre on:

Saturday 12th April 2025

Level 3 Licensed Meet
6 Lane deck level pool with anti-turbulence ropes
Electronic timing system
Café Available
FREE Parking

50m & 100m all strokes plus
100m & 200M Individual Medley
Upper Qualifying times apply

Spot prizes available in every event.

Closing date for entries: 12th March 2025

SE Licence Number:

Programme of Events



Session 1 – Warm-up 12.45pm, start 1.30pm

Event 101: Male/Open 200m Individual Medley

Event 102: Female 50m Breaststroke

Event 103: Male/Open 50m Breaststroke

Event 104: Female 100m Backstroke

Event 105: Male/Open 100m Backstroke

Event 106: Female 50m Butterfly

Event 107: Male/Open 50m Butterfly

Event 108: Female 100m Freestyle

Event 109: Male/Open 100m Freestyle

Event 110: Female 100m Individual Medley

Session 2 – Warm-up 5pm, start 5.45pm (TBC)

Event 201: Female 200m Individual Medley

Event 202: Male/Open 50m Backstroke

Event 203: Female 50m Backstroke

Event 204: Male/Open 100m Butterfly

Event 205: Female 100m Butterfly

Event 206: Male/Open 50m Freestyle

Event 207: Female 50m Freestyle

Event 208: Male/Open 100m Breaststroke

Event 209: Female 100m Breaststroke

Event 210: Male/Open 100m Individual Medley

Qualifying Conditions

This is a Development Meet designed for swimmers aged 9+.

There are no lower time limits.

Entrants with no times will be shown with a coach's estimated time on the programme.

Upper Time Limits as follows:

Male/Open					
Stroke	9/10	11 / 12	13	14	15+
50m Free	29.0	29.0	28.0	27.0	27.0
100m Free	1:03.0	1:03.0	1:00.5	58.0	57.0
50m Breast	38.5	38.5	37.5	35.5	34.5
100m Breast	1:24.0	1:24.0	1:19.0	1:14.0	1:13.5
50m Fly	33.0	33.0	31.0	30.0	29.0
100m Fly	1:10.5	1:10.5	1:07.0	1:03.5	1:02.5
50m Back	35.0	35.0	33.5	32.5	31.5
100m Back	1:12.5	1:12.5	1:08.0	1:05.5	1:04.0
100m IM	1:16.0	1:16.0	1:14.5	1:10.5	1:08.0
200m IM	2:37.5	2:37.5	2:30.5	2:24.5	2:20.5

Female					
Stroke	9/10	11 / 12	13	14	15+
50m Free	31.0	30.5	30.0	29.8	29.5
100m Free	1:06.0	1:06.0	1:04.5	1:03.5	1:03.0
50m Breast	39.0	39.0	38.0	37.0	36.5
100m Breast	1:23.0	1:23.0	1:22.0	1:21.0	1:20.5
50m Fly	33.0	33.0	32.5	31.5	31.0
100m Fly	1:12.5	1:12.5	1:11.0	1:09.5	1:09.0
50m Back	35.5	35.5	34.5	33.5	33.0
100m Back	1:14.0	1:14.0	1:12.0	1:10.5	1:10.0
100m IM	1:17.0	1:17.0	1:14.5	1:12.0	1:10.5
200m IM	2:40.0	2:40.0	2:39.3	2:36.0	2:35.0

Promoters' Conditions



- The competition shall consist of the following age groups for each sex: 9, 10, 11, 12, 13, 14 and 15+ years.
- There are no lower qualifying times. If the swimmer does not have a time for the event swimmers may include a rounded coach's estimate to assist with seeding.
- The promoters reserve the right to reject entries if the swimmers are found to have gained times faster than the upper qualifying times.
- Over the top starts may be in operation during this competition. Backstroke ledges may be used.
- The electronic entry fee is £7 per event up to the 12th March 2025. Late entries (if space available – please check before entry) £10.00 up to the 12th April 2025. Plus £2 admin fee. No paper entries will be accepted.
- Spectator fee £4 per session. We will be ticketing one spectator per swimmer to prevent overcrowding on the balcony.
- Age on the day will be as of 12th April 2025
- The main closing date for entries will be 12th March 2025.
- Entries will be accepted on a 1st come, 1st served basis and may close early if the meet is over-subscribed.
- Electronic entries will be made using Swimming Events (and are not by club).
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female
- A withdrawal system will be in operation. This means that a swimmer will be assumed to be competing in the events in which they have entered unless they have informed the Competition Manager of their withdrawal from any/all events. Self withdrawal will be in operation using Swimming Events up to 8:30am on 12th April 2025.
- There will be no refund of entry fees for withdrawals – except with a medical certificate.
- Any withdrawals after the closing deadline will result in heats being swum with empty lanes.
- As soon as possible after the closing date individuals will be sent an accepted entries email that should be used to cross check the accuracy of the entries and to allow any necessary corrections to be made.

- Poolside passes: Each club will receive a minimum of 2 poolside passes for coaches and team managers in accordance with the [Swim England Team Manager, Coaches and Chaperone Guidance 2023](#) and an appropriate further number of passes as requested by each club to meet with the guidance – approximately 1 pass per 10 swimmers, or part thereof, overall.
- All coaches, chaperones and personal care attendants must conform to the Swim England child protection procedures.
- Please email wingalateam@gmail.com with your number of passes required and obtain free accreditation prior to the gala from:
https://www.swimmingresults.org/member_options/passes.php for the coaches and team managers attending the gala.
- Heat Start Lists will be made available to clubs as they arrive at the gala.
- Swimmers must present themselves to the Competitors Stewards 5 races prior to the one in which they are competing. It is the swimmer's responsibility to be at the start in time for the race.
- Awards for the top six places in each event for age group.
- Whilst we will make every effort to adhere to the published programme of events, we reserve the right to make any changes found to be necessary to operate the meet.

Winsford ASC Spring Development Meet



Saturday 12th April 2025

Level 3 licensed open meet – licence number

Officials/Volunteers

Without officials our meet will not be able to run – if you are attending the meet and are able to help officiate please contact Nina at WASCOfficials@gmail.com and complete this form: <https://forms.gle/baqMGzAzu17bsq3y5>. A £5 meal allowance will be provided along with travel expenses for visiting officials.

Electronic Entries

Electronic Entries using Swimming Events : <https://swimming.events/> and will be available at www.winsfordasc.co.uk

General Enquiries

Queries, late entry space availability and advance medical withdrawals via email to: wingalateam@gmail.com

Promoter

The promoter for this event is Barry Keeling who can be contacted on barrygk41@icloud.com if there are any queries regarding the promoter's conditions.

Where to find us

Brio Winsford Lifestyle Centre
Home of Winsford ASC
The Drummer
Winsford
Cheshire
CW7 1AD
Tel: 01606 550700



Winsford Amateur Swimming Club would like to thank you for attending our Spring Development Gala and hope to see you all again at Christmas ! (13th December 2025)